



**OLD TOWN
OUTFITTERS**
ANTIGUA, GUATEMALA



5 day Multi-Sport Guatemalan Adventure

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Antigua's Famous Santa Catalina

Arch

Your itinerary

Discover Guatemala, one of the hidden wonders of the travel world. Encounter a country rich in a diversity of culture, natural beauty, and adventure. Experience an intriguing blend of Mayan culture and Spanish colonial influence.

This quick but action packed vacation includes mountain biking, kayaking, volcano hiking, and more. Highlights include strolling through the amazingly well-preserved colonial town of Antigua, riding some epic downhill runs on local trails, visiting the beautiful Lake Atitlan, and climbing an active volcano, Pacaya.

Return from this action-packed escape inspired by both the rugged beauty of the land as well as the warmth and loveliness of the people.

Brief itinerary

Day	Highlights	Overnight
Day 1	Arrival and Transfer to Antigua	Antigua
Day 2	Double Down Mountain Bike Ride	Antigua
Day 3	Hike Pacaya Volcano	Antigua
Day 4	Day Trip to Lake Atitlan for Kayaking and Hiking	Antigua
Day 5	Transfer to Guatemala City for your Departure Flight	

Detailed itinerary

1

Day 1: Arrival and Transfer to Antigua

Arrive to the Guatemala City international airport. Our driver and private shuttle will meet you at the airport with your name on a card. There is only one exit from the airport and we'll be waiting for you there.

We will then transfer to Antigua, approximately 1 hour drive depending on traffic.

Overnight: Antigua



Day 2: Double Down Mountain Bike Ride

This ride is designed for downhill enthusiasts, you're going to get 6,200+ feet (1,895 mtrs) of descent! This is a downhiller's dream come true.

- Full-suspension mountain bike included in tour
- Shuttle up to trailhead outside of Antigua
- Explore tight single-track through lush evergreen forest & high elevation farms
- Single-track descents with amazing views of the surrounding volcanoes
- Technical sections with drops, switchbacks, and half-pipe like aqueduct trail to finish the ride

This ride begins with a shuttle from our shop up to the trailhead at 8,300 feet (2,600 mtrs) on the alpine slopes Volcán Acatenango. After a brief climb we begin a single-track descent that follows agricultural trails along a dramatic ridge with large views of the surrounding volcanoes. The trail drops 2,500 feet (760 mtrs) of pure downhill! The soft volcanic soil is fast and flowy with little rocks, however there are some steep technical sections and creek crossings.

At the base we climb a 4x4 road through agricultural fields passing by the San Andres ruins, an earthquake-wrecked church from the 16th century. The climb follows a moderate grade until the final 200 mtrs of steep push. Don't worry, the next descent is a worth the effort!

After passing through a lush forest you are rewarded with expansive views of 3 volcanoes and the Antigua valley as we descend down an ancient trail cut deeply into a ridge with large drops to either side. This final descent of 2,500 feet (760 mtrs) takes about 45 minutes to complete and is loaded with fun rocks, drops, switchbacks, and half-pipe like aqueduct trail to finish the ride.

Overnight: Antigua

Meals included: Breakfast



Day 3: Hike Pacaya Volcano

Volcano Pacaya (8370ft/2552m) may not be Guatemala's highest peak, however its slopes and unique landscapes are certainly of some of the most impressive volcanic landscapes in all of Central America. Set in its own National Park, Pacaya is a storybook volcano with a continuous plume of smoke drifting from its summit and a massive dried lava field forming the valley at the base of its caldera.

Meet at 8AM at our local Antigua shop and fill up your water bottles before heading off to climb the volcano. Our drive to the trailhead is approximately 1.5 hours in private transport from Antigua to the park office.

As our group moves up the myriad of trails on the mountain, Guatemala's impressive vistas open up before us. As we reach the base of the caldera, our guide will direct the group through the rugged dried lava fields, recently reformed by a massive eruption in 2010. No matter what conditions we encounter on the mountain, our group will have the opportunity to traverse unique volcanic-rock landscapes as we ascend towards the peak. Here the group will stop for a freshly prepared picnic to enjoy along with views of nearby volcanoes Agua, Fuego and Acatenango. There will be plenty of opportunity to explore geothermal hot-spots on the cooled lava formations – which are always available to help roast marshmallows!

Our hike down brings across the remaining dried lava fields before we begin our descent through Pacaya's lush and lesser known forests and farmland. After our hike down to the trailhead, we will return to Antigua by private transport to arrive in town around 4-5PM.

Overnight: Antigua

Meals included: Breakfast, Lunch



4

Day 4: Day Trip to Lake Atitlan for Kayaking and Hiking

Today is a special opportunity to experience the splendor of Lake Atitlan. Our kayaking and hiking activities are both moderate in difficulty and carried out on a relaxed schedule so that you have plenty of time to enjoy the marvelous views and tranquil vibe of Lake Atitlan. A hearty lunch at an excellent restaurant tops off the trip before the ride back to Antigua.

We will pick you up from the hotel to leave Antigua at 6AM, stopping on the way for a quick breakfast. After approximately 2 hours driving up through the highlands, we drop over the bowl of the lake's ridge into the town of Panajachel. After we jump into our boat taxi at the lakeshore, we enjoy breath-taking views of the lake from water level during a 15-minute cruise to the outskirts of the village of Jaibalito. Here we will have time to organize our paddling and hiking supplies, change into swimsuits and apply sunscreen.

Our paddle takes us westward along the north shore of Atitlan for 1½-2 hours, passing by tiny villages perched on the sides of the sheer ridges that rise up from the azure waters of the lake. Depending on weather – and speed of the group – there are opportunities to stop for a dip and/or cliff-jump. Close to the village of Tzununá, we will trade our kayaks for our daypacks and hiking shoes.

Climbing out of town on the lake trail which connects village to village, we're treated to spectacular vistas of volcanoes San Pedro, Tolimán and Atitlán. We'll follow the shoreline for approximately 1½-hours, eventually returning back to Jaibalito. After a hearty and well-earned lunch at hotel Casa Del Mundo, we head back to Panajachel in a boat taxi. There we are met by our private transport, arriving back to Antigua in the evening.

Overnight: Antigua

Meals included: Breakfast, Lunch



5

Day 5: Transfer to Guatemala City for your Departure Flight

Enjoy breakfast in Antigua (depending on your departure schedule) and then we will provide transport back to Guatemala City so you will be ready for your departure flight. We normally recommend arriving 3 hours prior to your flight, which means leaving Antigua 5 hours prior to your flight time to be extra safe.

