Our mission is to help dancers reach their potential and find their strengths, fostering confidence while celebrating their individuality, through correct dance technique and technical proficiency.

Please read all details listed throughout the dance program booklet for the safety and well-being of our dancers. We will provide updates through email to families during the year. Thank you for your continued support of The Phipps Center!

**REGISTRATION**
The Phipps is using new software for classes called Jackrabbit, we no longer will be using DanceStudio. Everyone will need to create an account before registering for classes. The quickest way to register is online at ThePhipps.org. You may also register by phone with fees due at time of registration by calling (715) 961-1003, Pam’s direct dial. Classes can be paid in full online or you can contact Pam if signing up for multiple classes, have multiple dancers in your household, or to set up a monthly autopay. The highest dollar class fee is due in full upon registration.

**DATES**
- The dance season will run from September 12, 2022 through May 21, 2023 for 32 weeks.
- Dancers who were enrolled in May, 2022 will be given a one week priority sign up for registration.
- We do not have classes November 21 - 25, December 19 - 30 and, March 13 - 17, 2023.

**PHIPPS DANCE POLICIES**
- Classes cancelled because of inclement weather will not be rescheduled or refunded.
- If The Phipps Center closes due to pandemic response, classes may be held virtually, rescheduled, or cancelled and refunded accordingly.
- Instructor’s approval needed for placement unless it is a Beginning class. Instructor emails listed on the last page of the booklet.
- It is common to stay in the same level of a class for 2+ years. Instructor approval is needed in order to advance to the next level.
- An instructor may decide to move a student to a more appropriate class.
- Dancers must be the specified age by September 1, 2022.

**REGISTRATION AND PAYMENT**
- All class fees must be paid in advance to attend class unless a payment plan is in place in advance with the Administrative Offices.
- Dance season begins on September 12, 2022 and ends on May 21, 2023. Families are responsible for making sure fees are paid in full or auto-pay pre-arranged payments have been set up. We will be emailing and/or mailing billing past due notices but families are responsible even if you do not receive the notice in making sure your auto pay payments are current.
- Class fees are divided into two sessions. Session one is due upon registration. Session two is due January 23, 2022.
- A student will only be allowed to attend class if payment has been made.
- Purchase with Confidence! Guaranteed refund on programs cancelled due to COVID related issues.

**REFUNDS/WITHDRAWAL**
- If a student tries a class and does not wish to continue, the student may withdraw by notifying the office up to 8 weeks into the class and receive a refund for the remaining weeks. No refunds will be given for classes after 8 weeks, except in cases of injury, long-term illness, or extraordinary circumstances.
- In order to withdraw from a class, you must notify the administrative office, and not just your instructor.

**CLASS POLICIES**
- No gum, food, or drinks, except water, are permitted inside the studios. Please bring a full water bottle to class.
- Do not wear street shoes in the studios.
- Remove jewelry and secure hair back, if needed.
- Turn off your cell phone prior to class and do not leave valuables in the hallway, please bring them inside the studio.
- Families are encouraged to wait for dancers in the first floor lobby or in the Rotunda Lounge. We ask that you please leave the limited seating outside each art/dance studios for dancers only.

**COSTUMES/RECITALS**
- Recital costumes are ordered in early December. If you do not intend to participate in the recital, you must notify your instructor prior to November 17. If you do not notify the instructor, a costume will be ordered and you are responsible for paying for it.
- All class and costume fees must be paid in full to participate in the recitals.
- Preballet/Tap recitals will be May 17. All other recitals will be on May 20 (ages 8-12) and May 21 (teen and adult).
- There is also a mandatory dress rehearsal on May 19.

Throughout the dance year, photographs and videos of students are taken. The purpose is to assist in marketing Phipps programming through, but not limited to, print, website, social media, and other electronic media. If you do not give consent to have your student photographed, interviewed and use of name, you must give written notice to the Administrative Offices, no later than the first day of class.
**Dance Class Safety and Protocols**

- Families and friends are encouraged to wait in the first floor lobby or in the Rotunda Lounge. We ask that you please leave the limited seating outside the art/dance studios for dancers only.
- Masks will be optional. The Phipps reserves the right to change masking and other COVID protocols based on community health guidelines.
- Dancers please bring a full water bottle to class. Water fountains are available for refills.
- Food is not allowed in the art/dance studios.
- Participants must wash their hands or use the hand sanitizer outside of the art/dance studios before entering the studios and elevators.
- If you arrive early, wait outside your studio.
- Dancers should come dressed in dance attire and ready for class.
- Dancers are encouraged to use the restroom before coming to class.
- For Preballet/Tap classes, parents please drop off dancers at the dance studio. We ask that you wait in the first floor of the lobby or the Rotunda Lounge, as the assistant will escort dancers to the lobby after class for you to pickup. There will be no parent pickup at the dance studio.
- Parents are encouraged to be on time.

**Ages and Level Definitions**

**Ages -**
- **Preballet/tap:** students ages 3-7 who are just starting to explore dance
- **Children’s:** students ages 8-12 of all levels
- **Teen/Adult:** students ages 13+ of all levels

**Levels**
- **Level 1:** For students exploring basic skills and steps. Level 1 is an introductory, beginning class for dancers to try a style for the first time and learn foundational technique.
- **Level 2:** For students who have a year or more of experience in a style and are ready to learn more complex skills and steps. Level 2 students will build upon and hone foundational technique.
- **Level 3:** For students who are ready to expand and challenge their skill set in a style. Level 3 is for intermediate to advanced students looking to explore difficult rhythms, steps, combinations, and style.
- **Level 4:** For students working toward the highest level of mastery who have successfully progressed through prior levels. Level 4 dancers are ready to participate in a fast paced, rigorous, technical class.

Students must show confidence in their technique, rhythm, musicality, style, memory, and performance in any level to progress to the next. It is common to stay in a level for two or more years to achieve the necessary skills for advancement. Instructor or Dance Education Associate approval is required for enrollment in levels 3 and 4.

**Not sure if a level is right for you or your child? Try it!**

- Dance students at The Phipps Center for the Arts are welcome to try out a class and work with the instructor to find the level that is the right fit for their ability, age, and experience. Students who plan to participate in the spring Dance in Revue (recital) may change classes anytime in the first eight weeks.
THE PHIPPS DANCE COMPANY

Celebrating its 18th year in residence at The Phipps Center for the Arts, the Phipps Dance Company is a performance based ensemble made up of area dancers in grades 9-12. Our season culminates in the annual Phipps Dance Company production at the center in April. Working with several choreographers throughout the season, the dancers are exposed to a wide variety of dance styles giving them the opportunity to grow as performing artists in a non-competitive dance environment. Company members also attend workshops and dance events and take part in local and regional performance opportunities. Auditions are held each summer and are open to all area high school students. This past season the company was made up of 17 dancers led by Director Christina Leines and Associate Director Stephanie Campbell.

“I have danced at the Phipps for 13 years and nothing compares to the friends that are like family that you gain from being on The Phipps Dance Company. You learn so much about yourself, others, and life skills like how to work closely with others and just be a team. The directors and all the other instructors are fantastic and being on the company will truly be something you won’t ever forget!”

- Hailey Ehrreiter, Phipps Dance Company member and Junior at Hudson High School

2022-2023 THE PHIPPS DANCE COMPANY

Top (left to right): Betsy Anderson, Camille Bennis, Lillian Benzer, Calissa Campbell

2nd Row (left to right): Lilly Campbell, Heather Derrick, Hailey Ehrreiter, Freya Fenstermacher

3rd Row (left to right): Marquelle Heiser, Abby Huenink, Lily O’Brien, Elle Quist

Bottom (left to right): Natalie Ramthun, Norah Salter, Ceci Schley, Emelia Tigan, Ella Turnbull

THE PHIPPS JUNIOR DANCE COMPANY

The Phipps Junior Dance Company (PJDC) was created to give young dancers, in 5th to 8th grades, the opportunity to experience what it is like to be a part of a dance company. The company is performance-based, meaning they work toward performing in the spring Dance in Revue and Phipps Dance Company show. In addition, The PJDC has also been invited to perform at a variety of local community events in Hudson and the Twin Cities Metro Area, such as the Hudson Community Expo and for the Hudson Rotary Club. The dancers must audition each year to be a part of the PJDC. They rehearse two hours each week at The Phipps to learn and polish four routines. These routines are performed throughout the season, which runs from September to May. PJDC members perform in the styles of tap, jazz, hip hop, and lyrical or contemporary. Through rehearsals and performance opportunities, dancers are able to grow their skills by working on rigorous choreography and working with a guest choreographer. In addition to weekly rehearsals, PJDC members are required to take at least two technique classes at The Phipps. The company provides a positive, encouraging atmosphere for the dancers to work as a team. The PJDC does not compete in dance competitions, but has performed for adjudication at the INnovate Dance Event. The PJDC is directed by dance instructors Megan Bauer and Greta Lewis. They are both looking forward to a wonderful 2022-2023 season!

“I’ve been dancing at the Phipps since I was 3 years old. It’s a highlight of my week to spend time with my friends learning different dance styles, and getting to perform them. Being on the Phipps Junior Dance Company has been a great experience and so much fun!”

- Claire Foster, Phipps Junior Dance Company member and eighth grade at Hudson Middle School

2022-2023 PHIPPS JUNIOR DANCE COMPANY

Top (left to right): Adele Tigan, Annella Holden, Ava Johnson, Brooke Derrick

Middle (left to right): Clair Foster, Courtney Prestrud, Daphne Wahlquist, Ella Adams, Elyza Larson

Bottom (left to right): Evelyn Ford, Hazel Everson Fink, Lilia Fredrickson, Mia Alenov
The Phipps Dance Company
April 28-30, 2023
Friday, April 28 at 7:30 p.m., Saturday, April 29 at 2 p.m. & 7:30 p.m., Sunday, April 30 at 2 p.m.
Tickets on sale at ThePhipps.org

The Phipps Dance Company is thrilled to be back in the John H. Potter Theater to present their 18th annual dance production!

For four performances only, these young artists will engage your imagination with powerful choreography by some of the most passionate creators and educators in our region.

Audiences of all ages will enjoy mesmerizing and energetic dance pieces in a variety of styles including jazz, ballet, contemporary, musical theater, lyrical, tap and hip hop.

The Phipps Dance Company is proud to welcome The Phipps Junior Dance Company as their special guest performers for this production!

The Phipps Dance Company is led by:
Director Christina Leines
Associate Director Stephanie Campbell

The Phipps Junior Dance Company is led by:
Director Greta Lewis
Co-Director Megan Bauer
Dance program classes begin September 12, 2022.

* Instructor Approval Required for Placement

**MONDAY**

<table>
<thead>
<tr>
<th>Time</th>
<th>Class</th>
<th>Instructor</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>10:00 - 10:45 a.m.</td>
<td>Preballet/Tap (ages 3-5)</td>
<td>Megan Bauer</td>
<td>$75/8 weeks</td>
</tr>
<tr>
<td>2:30 - 3:30 p.m.</td>
<td>Teen/Adult Ballet Beginning (ages 13+)</td>
<td>Leta Anderson</td>
<td>$200/session</td>
</tr>
<tr>
<td>3:30 - 5:00 p.m.</td>
<td>*Ballet 4 (ages 14+)</td>
<td>Leta Anderson</td>
<td>$300/session</td>
</tr>
<tr>
<td>5:00 - 5:45 p.m.</td>
<td>*Ballet 4 Pointe (ages 14+)</td>
<td>Leta Anderson</td>
<td>$150/session</td>
</tr>
<tr>
<td>5:45 - 7:00 p.m.</td>
<td>*Ballet 3 (ages 12+)</td>
<td>Leta Anderson</td>
<td>$250/session</td>
</tr>
<tr>
<td>7:00 - 7:30 p.m.</td>
<td>*Ballet 3 Pointe (ages 12+)</td>
<td>Leta Anderson</td>
<td>$100/session</td>
</tr>
<tr>
<td>7:30 - 8:15 p.m.</td>
<td>Ballet 1 (ages 8-12)</td>
<td>Abby Huenink</td>
<td>$150/session</td>
</tr>
</tbody>
</table>

**TUESDAY**

<table>
<thead>
<tr>
<th>Time</th>
<th>Class</th>
<th>Instructor</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>3:00 - 3:45 p.m.</td>
<td>Ballet Beginning (ages 8-12)</td>
<td>Abby Huenink</td>
<td>$150/session</td>
</tr>
<tr>
<td>3:45 - 5:00 p.m.</td>
<td>*Ballet 3/4 (ages 12+)</td>
<td>Valerie Ryan</td>
<td>$250/session</td>
</tr>
<tr>
<td>5:00 - 5:30 p.m.</td>
<td>*Ballet 3/4 Pointe (ages 12+)</td>
<td>Valerie Ryan</td>
<td>$100/session</td>
</tr>
<tr>
<td>5:45 - 6:45 p.m.</td>
<td>*Ballet 2 (ages 10+)</td>
<td>Valerie Ryan</td>
<td>$200/session</td>
</tr>
<tr>
<td>6:45 - 8:15 p.m.</td>
<td>*Ballet 5 (ages 16+)</td>
<td>Valerie Ryan</td>
<td>$300/session</td>
</tr>
<tr>
<td>8:15 - 9:00 p.m.</td>
<td>*Ballet 5 Pointe (ages 16+)</td>
<td>Valerie Ryan</td>
<td>$150/session</td>
</tr>
</tbody>
</table>

**ART STUDIO**

<table>
<thead>
<tr>
<th>Time</th>
<th>Class</th>
<th>Instructor</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>3:45 - 4:30 p.m.</td>
<td>Contemporary 1 (ages 13+)</td>
<td>Abby Countryman</td>
<td>$150/session</td>
</tr>
<tr>
<td>4:30 - 5:15 p.m.</td>
<td>Jazz 1 (Teen/Adult)</td>
<td>Abby Countryman</td>
<td>$150/session</td>
</tr>
<tr>
<td>5:15 - 6:00 p.m.</td>
<td>*Lyrical 2 (ages 10-12)</td>
<td>Abby Countryman</td>
<td>$150/session</td>
</tr>
<tr>
<td>6:00 - 7:00 p.m.</td>
<td>*Contemporary 3/4 (ages 15+)</td>
<td>Abby Countryman</td>
<td>$200/session</td>
</tr>
<tr>
<td>7:15 - 8:00 p.m.</td>
<td>*Lyrical 3 (ages 11-12)</td>
<td>Abby Countryman</td>
<td>$150/session</td>
</tr>
<tr>
<td>8:00 - 8:45 p.m.</td>
<td>Hip Hop (ages 13+)</td>
<td>Abby Countryman</td>
<td>$150/session</td>
</tr>
</tbody>
</table>

To register visit ThePhipps.org or call (715) 961-1003.
### Wednesday
**Dance Studio**

<table>
<thead>
<tr>
<th>Time</th>
<th>Class Description</th>
<th>Instructor</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>11:00 - 11:30 a.m.</td>
<td>Dancing in Diapers (6 months - 3 years with an adult)</td>
<td>Greta Lewis</td>
<td>$38/6 weeks</td>
</tr>
<tr>
<td>4:00 - 4:30 p.m.</td>
<td>Preballet/Tap (Pre-Kindergarten ages 3+)</td>
<td>Stephanie Campbell</td>
<td>$100/session</td>
</tr>
<tr>
<td>4:30 - 5:00 p.m.</td>
<td>Preballet/Tap (Kindergarten)</td>
<td>Stephanie Campbell</td>
<td>$100/session</td>
</tr>
<tr>
<td>5:00 - 5:30 p.m.</td>
<td>Preballet/Tap (First Grade)</td>
<td>Stephanie Campbell</td>
<td>$100/session</td>
</tr>
<tr>
<td>5:30 - 6:00 p.m.</td>
<td>Preballet/Tap (Second Grade)</td>
<td>Stephanie Campbell</td>
<td>$100/session</td>
</tr>
</tbody>
</table>

### Thursday
**Dance Studio**

<table>
<thead>
<tr>
<th>Time</th>
<th>Class Description</th>
<th>Instructor</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>3:45 - 4:30 p.m.</td>
<td>*Jazz 2 (ages 13+)</td>
<td>Megan Bauer</td>
<td>$150/session</td>
</tr>
<tr>
<td>4:30 - 5:30 p.m.</td>
<td>*Jazz 3 (ages 14+)</td>
<td>Megan Bauer</td>
<td>$200/session</td>
</tr>
<tr>
<td>5:30 - 6:30 p.m.</td>
<td>*Jazz 4 (ages 16+)</td>
<td>Megan Bauer</td>
<td>$200/session</td>
</tr>
<tr>
<td>6:30 - 8:30 p.m.</td>
<td>*Phipps Junior Dance Company</td>
<td>Greta Lewis &amp; Megan Bauer</td>
<td>$300/session</td>
</tr>
</tbody>
</table>

**Art Studio**

<table>
<thead>
<tr>
<th>Time</th>
<th>Class Description</th>
<th>Instructor</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>4:15 - 5:00 p.m.</td>
<td>*Jazz 4 (ages 11-12)</td>
<td>Greta Lewis</td>
<td>$150/session</td>
</tr>
<tr>
<td>5:00 - 5:45 p.m.</td>
<td>*Tap 3 (ages 10-12)</td>
<td>Greta Lewis</td>
<td>$150/session</td>
</tr>
<tr>
<td>5:45 - 6:30 p.m.</td>
<td>Hip Hop (ages 8-10)</td>
<td>Greta Lewis</td>
<td>$150/session</td>
</tr>
<tr>
<td>6:30 - 8:45 p.m.</td>
<td>*The Phipps Dance Company</td>
<td>Christina Leines &amp; Stephanie Campbell</td>
<td>$384/session</td>
</tr>
</tbody>
</table>

### Friday
**Dance Studio & Art Studio**

<table>
<thead>
<tr>
<th>Time</th>
<th>Class Description</th>
<th>Instructor</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>4:15 - 6:30 p.m.</td>
<td>*Phipps Dance Company</td>
<td>Christina Leines &amp; Stephanie Campbell</td>
<td>(Audition Only)</td>
</tr>
</tbody>
</table>

### Sunday
**Dance Studio**

Adult Ballroom Dance Classes are taught by Tom Larson. Contact Tom, (612) 371-0300 for ballroom dance program questions and class placement - which class would be the best for you.

$240/ per couple/ 8 week session
Pre-registration required
Partner required & no mask at this time

<table>
<thead>
<tr>
<th>Time</th>
<th>Class Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>12:30 - 1:30</td>
<td>Beginning Ballroom and Latin</td>
</tr>
<tr>
<td>1:30 - 2:30</td>
<td>Beginning Salsa &amp; Latin 1</td>
</tr>
<tr>
<td>2:30 - 3:30</td>
<td>*Intermediate Ballroom and Latin</td>
</tr>
<tr>
<td>3:30 - 4:30</td>
<td>*Advanced Ballroom and Latin</td>
</tr>
</tbody>
</table>
ADAPTIVE DANCE
Adaptive Dance is designed for youth and young adults with special needs. The class will provide students the opportunity to express and learn in a creative, nurturing, and friendly environment. The goal of this class is to introduce students to the creative and expressive elements of dance while allowing self-expression and inspire learning. The class will be interactive and involve fun activities such as circle time, stretching, sing-alongs, and creative movement. Students will develop independence, balance, self-confidence, and a love for music and movement. Parents and caregivers are invited to take part in the class.

Dress requirement: comfortable clothing, no dance shoes required
Teen/Adult Wed 4:00 - 4:40 Pat Graf Art Studio
Children’s Wed 4:45 - 5:15 Pat Graf Art Studio

BALLET
Ballet technique classes for ages 8 and older are the foundation for training at The Phipps Center. Classes focus on developing a solid ballet technique with emphasis on understanding correct body placement, proper use of turn out, coordination of the upper body, and use of arms. Class begins with work at the barre to build strength and coordination, followed by center exercises, culminating in grand allegro combinations and variations. Clear explanations of exercises and theory help students use the ballet vocabulary in a simple, practical way that leads to increased technical understanding, healthy physical development, and lifelong enjoyment. Each level of ballet is a continuation of the previous level and increases in difficulty. It is common to stay in the same level for two or more years.

Dress requirement: black leotard, pink tights, pink ballet slippers

Ballet Beginning ages 8-12
Tue 3:00 - 3:45 Abby Huenink Dance Studio

Ballet Level 1 ages 8+
Mon 7:30 - 8:15 Abby Huenink Dance Studio

Ballet 2 ages 10+
Tue 5:45 - 6:45 Valerie Ryan Dance Studio

Ballet 3 ages 12+
Mon 5:45 - 7:00 Leta Anderson Dance Studio

Ballet 3 /4 ages 12+
Tue 3:45 - 5:00 Valerie Ryan Dance Studio

Ballet 4 ages 14+
Mon 3:30 - 5:00 Leta Anderson Dance Studio

Ballet 5 ages 14+
Tue 6:45 - 8:15 Valerie Ryan Dance Studio

Ballet - Pointe
Levels 3, 4, and 5 have the option of taking an additional pointe class after their technique class. Pointe class begins at the barre and progresses to center, similarly to a ballet technique class. Each level builds to more advanced movements as the dancers build strength and coordination.

Ballet 3 Pointe ages 12+
Mon 7:00 - 7:30 Leta Anderson Dance Studio

Ballet 3/4 Pointe ages 12+
Tue 5:00 - 5:30 Valerie Ryan Dance Studio

Ballet 4 Pointe ages 14+
Mon 5:00 - 5:45 Leta Anderson Dance Studio

Ballet 5 Pointe ages 14+
Tue 8:15 - 9:00 Valerie Ryan Dance Studio

Ballet - Teen and Adult Beginning
Enjoy dancing while building foundations of ballet including posture, line, balance, strength, and musicality. Develop and learn basic ballet technique, terminology, and artistry.

Ballet 1, Teen/Adult
Wed 5:15 - 6:00 Pat Graf Art Studio

Ballet Beginning ages 13+
Mon 2:30 - 3:30 Leta Anderson Dance Studio

Contemporary and Lyrical
This class will infuse methods of ballet, jazz, and modern, creating a fluid style of movement that encourages self-expression. Students with prior dance background (1+ year of ballet not including preballet) participate in a warmup, series of across the floor combinations, and a culmination of choreography. The goal is to develop strong, versatile dancers.

Dress requirement: leotards and shorts or fitted dancewear, footwear requirement determined by instructor

Contemporary Teen & Adult, Ages 13+
Contemporary 1 ages 13+
Mon 3:45 - 4:30 Abby Countryman Art Studio

Contemporary 2 ages 14+
Tue 8:15 - 9:00 Rachel Werner Art Studio

Contemporary 3/4 ages 15+
Mon 6:00 - 7:00 Abby Countryman Art Studio

Lyrical
Lyrical 1 ages 9-12
Wed 7:00 - 7:45 Stephanie Campbell Dance Studio

Lyrical 2 ages 10-12
Mon 5:15 - 6:00 Abby Countryman Art Studio

Lyrical 3 ages 11-12
Mon 7:15 - 8:00 Abby Countryman Art Studio

To register visit ThePhipps.org or call (715) 961-1003.
**DANCING IN DIAPERS**

Does your baby love to wiggle and move? This parent and child class will explore movement through music and songs that are sure to get everyone grooving. We will focus on gross motor development, mimicking movements, labeling body parts, and sensory exploration. Modifications will be provided so babies ages 6 months (for head stability) to 3 years old can enjoy!

*A* parent or approved guardian is required to participate with a child at all times.

*Dance shoes not required, we recommend clean tennis shoes for adults and socks or clean, sturdy shoes for children.*

*Class is 6 weeks*

Dancing in Diapers  
ages 6 months - 3 years with an adult  
Wed 11:00 - 11:30  
Greta Lewis  
Dance Studio

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**HIP HOP**

Hip Hop encourages movement that has elements of popping and locking, as well as freestyle movement to give students the opportunity to develop their own sense of style. Hip Hop is high-energy, diverse, urban, complex, and always evolving.

Beginning classes will introduce students to the basic movement vocabulary and style. Intermediate Hip Hop will build on the foundations learned in beginning Hip Hop while introducing more complete across the floor combinations and choreography. Advanced classes will move at a fast pace, while challenging students with a high-level class that incorporates dynamic choreography and athleticism in the movement.

Students must complete each level in order to advance to the next level. It is common to stay in the same level for two or more years.

Dress requirement: athletic clothing, clean tennis shoes

**Hip Hop ages 8-10**  
Thur 5:45 - 6:30  
Greta Lewis  
Art Studio

**Hip Hop ages 11-12**  
Tue 6:45 - 7:30  
Rachel Werner  
Art Studio

**Hip Hop ages 13+**  
Mon 8:00 - 8:45  
Abby Countryman  
Art Studio

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**JAZZ**

Jazz dance classes will explore the energy, variety, and vitality of classic, musical theater, and contemporary jazz styles. Classes will begin with a warm-up to develop strength, flexibility, correct alignment, and coordination; followed by progressions across the floor; and culminating in extended combinations. Dancers will learn the importance of emphasizing energy, rhythmical accuracy, and style. The goal is to develop dancers who are expressive, dynamic, musical, and passionate. Students must complete each level in order to advance to the next. It is common to stay in the same level for two or more years.

Dress requirement: leotards and leggings or fitted dancewear, jazz shoes

**Jazz 1 ages 8-12**  
Wed 6:15 - 7:00  
Stephanie Campbell  
Dance Studio

**Jazz 2 ages 9-12**  
Tue 5:15 - 6:00  
Rachel Werner  
Art Studio

**Jazz 3 ages 10-12**  
Tue 4:30 - 5:15  
Greta Lewis  
Art Studio

**Jazz 4 ages 11-12**  
Thur 4:15 - 5:00  
Greta Lewis  
Art Studio

**Jazz 1 ages 13+**  
Mon 4:30 - 5:15  
Abby Countryman  
Art Studio

**Jazz 2 ages 13+**  
Thurs 3:45 - 4:30  
Megan Bauer  
Dance Studio

**Jazz 3 ages 14+**  
Thur 4:30 - 5:30  
Megan Bauer  
Dance Studio

**Jazz 4 ages 16+**  
Thur 5:30 - 6:30  
Megan Bauer  
Dance Studio
**PREBALLET/TAP**

Preballet/tap is an introductory course that will explore creative movement, as well as beginning ballet and tap through fun exercises and self-expression.

Dress requirement: leotards and tights, pink ballet slippers for girls and black ballet slippers for boys, and black tap shoes

Pre-Kindergarten ages 3-5
- Mon 10:00 - 10:45  
  Dance Studio (8 weeks)  
  Megan Bauer

Pre-Kindergarten ages 3+
- Wed 4:00 - 4:30  
  Dance Studio  
  Stephanie Campbell

Kindergarten
- Wed 4:30 - 5:00  
  Dance Studio  
  Stephanie Campbell

First Grade
- Wed 5:00 - 5:30  
  Dance Studio  
  Stephanie Campbell

Second Grade
- Wed 5:30 - 6:00  
  Dance Studio  
  Stephanie Campbell

**TAP**

Tap begins with warm-up exercises that increase control, coordination, and rhythm; followed by across the floor exercises that teach dynamics, phrasing, and musicality; concluding with extended rhythmic phrases and improvisation exercises. The goal is to develop tap dancers that are equally strong musicians, dancers, and performers.

Dress requirement: athletic clothing, tap shoes

**Tap 1/2 ages 8-12**
- Tue 6:00 - 6:45  
  Rachel Werner
  Art Studio

**Tap 3 ages 10-12**
- Thu 5:00 - 5:45  
  Greta Lewis
  Art Studio

**Tap 4 ages 11-12**
- Tue 3:45 - 4:30  
  Greta Lewis
  Art Studio

**Ballroom and Latin Dance Classes**

The Ballroom and Latin classes are fun and easy! They are taught at a comfortable pace. You will learn to dance and meet other fun students! Classes held in the Dance Studio.

Tom Larson has taught at The Phipps since 2003 and owns the **Ballroom & Wedding Dance Studio** in Minneapolis. He performed part time for five seasons with Continental Ballet Company.

**Session 1**
- September 18, 2022 - November 6, 2022

**Session 2**
- November 13, 2022 - January 22, 2023  
  (no classes: Nov. 27, Dec. 25, Jan. 1)

**Session 3**
- January 29, 2023 - March 19, 2023

**Session 4**
- March 26, 2023 - May 21, 2023  
  (no class: April 9)

For questions please call Tom Larson, (612) 371-0300

**Beginning Ballroom and Latin**
- Sun 12:30 - 1:30
- Basics for Swing, waltz, tango, foxtrot, hustle!
- *You will learn the basics and turns for each dance. Each week we review, and add new moves!*

**Intermediate 1 Ballroom and Latin**
- Sun 1:30 - 2:30
- Basics for Salsa, bachata, cha cha, rumba, merengue!
- *You will learn the basics and turns for each dance. Each week we review, and add new moves!*

**Intermediate 2 Ballroom and Latin**
- Sun 2:30 - 3:30
- Continuation from “**Beginning Ballroom & Latin**"

**Advanced Ballroom and Latin**
- Sun 3:30 - 4:30
- Continuation from “**Intermediate Ballroom & Latin**"
**DANCE INSTRUCTORS**

**Abby Countryman** is a Hudson native who grew up dancing at The Phipps Center for the Arts. She was a part of The Phipps Dance Company for four years and The Phipps Dance Theater for three. Last year, Abby had the pleasure of teaching contemporary, jazz, and hip-hop, as well as assistant directing and choreographing for the Jr. Phipps Dance Company during its 2020-2021 season. She has studied tap, ballet, modern, lyrical, contemporary, hip-hop, jazz, and musical theater. Abby is excited for this up-and-coming dance year!

abbyprestrud@gmail.com

**Abby Huenink** has been dancing at The Phipps for 11 years. Her favorite styles include ballet, jazz, and contemporary. She has been a member of The Phipps Dance Company for the past four years and loves performing in their shows each Spring. Additionally, she has assisted with adaptive dance for the past four years. She is so excited to share her passion for dance with you this year!

abbysummerh@gmail.com

**Christina Leines** is the director of The Phipps Dance Company and has been a dance instructor at The Phipps since 2007. Her choreography has been featured in many musicals at The Phipps, as well as in all of The Phipps Dance Theater productions. Christina trained with Bob Fosse's assistant, Eddie Gasper, at his school in Fargo, and was a member of his professional dance company, The Red River Dance and Performing Company, for many years. She attended NDSU as a theater major and enjoys performing and choreographing at various theaters across the Twin Cities area whenever she can.

eklines@spacestar.net

**Greta Lewis** has taught dance for over 15 years. She has a B.S. in Elementary Education and minor in Dance Education from UW-River Falls. She taught elementary school for 10 years in Hudson. Greta also served as a writer for the Wisconsin DPI dance education standards. Currently, she directs The Phipps Junior Dance Company with Megan Bauer, serves as The Phipps Dance Education Associate, and loves teaching jazz and tap to students of all ages. She is looking forward to another wonderful season of dance at The Phipps!

dance@thephipps.org

**Leta Anderson** began dancing at the age of five, training in tap, jazz, lyrical, modern, ballet, and pointe at Short Dance Studios and St. Croix Ballet. She has been dancing professionally since graduating high school, performing with Continental Ballet, St. Paul Ballet, Ballet Minnesota, Metropolitan Ballet, and Minneapolis Ballet Dancers. Leta has performed in the classical ballets of The Nutcracker, Cinderella, Coppelia, Giselle, A Midsummer Night’s Dream, Paquita, Sleeping Beauty, Swan Lake, and Le Sylphide, as well as some contemporary works, including An American in Paris. Leta is committed to sharing her passion for dance with her students while helping them to attain the highest level of technique.

eta.triebold@gmail.com

**Megan Bauer** has been dancing, teaching, and choreographing for over 20 years. She has a B.S. in Elementary Education and a minor in Dance Education from the University of Wisconsin-River Falls (UWRF). She also has a M.A. in Education from Hamline University. Megan has traveled nationally performing with the Kilgore College Rangerettes, and was additionally a captain of the UWRF Dance Team. She has worked as an instructor and choreographer for American Dance/Drill Team, coached two varsity high school teams in the Twin Cities area, and trained dancers in ballet, lyrical, and jazz at a local studio. Megan is the associate director of The Phipps Junior Dance Company and also enjoys performing with The Phipps Dance Theater.

megtabbert@gmail.com

**Pat Graf** has taught, performed, and choreographed dance in Hudson and the surrounding area for many years. She is thankful for the chance to help students develop the joy of dance and moving, learn technique and build community. Pat has a B.A. from the University of Minnesota with a minor in dance and holds national certifications in personal training and group exercise. She is also employed at the YMCA in Hudson as a Pilates Reformer instructor, Personal Trainer, Group Exercise Instructor and ForeverWell Program Coordinator. Her continuing education includes dance and several fitness genres.

patgraf@icloud.com

**Rachel Werner** began dancing at The Phipps when she was four, training in tap, jazz, hip hop, contemporary, ballet, and pointe. She danced on The Phipps Dance Company for 5 years and has performed as a company member in several productions with The Phipps Dance Theater. She has taught at The Dancing House and is thrilled to be back at The Phipps as an instructor for her second season. Dance is a passion of hers and she is excited to share her love of dance with you all.

rachel.werner8@gmail.com

**Stephanie Campbell** graduated with a B.F.A. in Dance from the University of Wisconsin-Stevens Point. She has been involved with dance productions at The Phipps Center for the Arts as a dancer and choreographer since 2004. This will be Stephanie’s 18th season teaching dance at The Phipps, and her 17th season being involved with The Phipps Dance Company in a variety of roles – this season as associate director.

stephaniewithprima@gmail.com

**Valerie Ryan** began classical ballet at the age of eleven and by fifteen years old was running classes and rehearsals. She spent her summers during her teenage years training with various companies including American Ballet Theatre, Boston Ballet, and Milwaukee Ballet on scholarship. After high school, she joined a ballet company in Illinois. This is her second season at The Phipps. She is nearly finished with her Masters in Counseling and loves spending time with her husband and four children.

bujanowski@gmail.com